



Everything
you need to
get your
child ready
for
kindergarten!

**HANDS ON, DEVELOPMENTALLY APPROPRIATE,
NO PREP AT-HOME LEARNING**



HomeWorks Parent Guide

AT HOME LEARNING FOR YOUR CHILD

Pre-K

PRE-KINDERGARTEN PROGRAM OVERVIEW

THIS CHART IS AN OVERVIEW OF THE MAIN CONCEPTS INCLUDED WITHIN EACH WORKBOOK.

Skill	Page Number	Math Workbook	Page Number	Letter Sounds Booklet	Page Number	Writing Workbook	Page Number	Feelings Journal	Page Number
How to hold a pencil	1-3	Numbers	1, 3, 5, 10, 12, 15, 17, 19, 21, 23	s, a, t	1-5	"My name is..."	1	Gratitude Journal Pages	1, 4, 7, 10, 13
Writing with a pencil practice	2-3	Shape Matching	2	i, p, n	6-10	About Me	2	Reflection Response Pages	2, 5, 8, 11, 14
Scissor cutting practice	4-5	Color Sorting	4-7	K, e, h	11-15	"My birthday is..."	3	Social Story: Sharing	3
Writing my name	6-8	Counting	9, 11, 13, 14, 16, 22	r, m, d	16-20	"My family members are..."	4	Social Story: Helping Others	6
		Color Patterns	20	g, a, l	21-25	My Address	5	Social Story: Being Patient	9
		Writing Numbers 1-10	24	F, b	26-29	Things I Like To Do	6	Social Story: Problem Solving	12
						"Something that makes me smile is..."	7	Social Story: Making Good Choices	12
						Write The Room	8		

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Parent manual, program overview and information regarding your child's development and key milestones

PRE-K SKILL DEVELOPMENT

Early Reading (Language):

- Be able to read and identify their own name
- After reading a story, discuss elements and connecting the story to events
- Develop an interest in books
- Able to hold a book properly and independently
- Develop left to right orientation when reading
- Practice reading the pictures when reading
- Sing songs
- Play rhyming games
- Pointing out familiar letters or words in books
- Understand that individual letters have specific sounds (e.g., the letter 's' makes the sound 'sss')

Early Writing (Language):

- Practice holding a writing tool with an appropriate grip (See Skills Development workbook p.1 for pre-writing skill)
- Offer materials during play that encourage writing (crayons, etc.)
- Explore a variety of writing tools (crayons, markers, etc.)
- Model writing (i.e. write down your child's description of a drawing)
- Include writing as a part of everyday activities (i.e. write a grocery list, writing the names of family members, writing a letter to someone, etc.)
- Encourage your child to sound out and spell words using sounds they know and recognize (do not worry about correct spelling, rather focus on hearing letter sounds they know)

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PRE-K SKILL DEVELOPMENT

Social Skills:

- Initiates independent play
- Able to complete certain tasks on their own (i.e. crafts, getting dressed, etc.)
- Can be apart from you for a period of time
- Enjoys participating in group activities
- Model excitement for going to "big kid school"
- learn new things and make new friends
- Encourage your child to express their emotions
- requests. Model appropriate language (please, thank you, etc.)
- Practice engaging in specific routines (lunch, bedtime, etc.)

Motor Skills:

- Play outside to develop gross motor skills (balancing, jumping, kicking, and overall body coordination)
- Develop hand-eye coordination through blocks, puzzles, etc.)
- Practice correctly holding a pencil with a tripod grip
- Begin to show left or right handedness
- Practice cutting with scissors

Daily Skills:

- Putting on backpack independently
- Maintain attention and follow directions
- Use bathroom independently
- Eat independently (able to use a spoon, fork, etc.)
- Independently put on clothing, etc.)

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PRE-K SKILL DEVELOPMENT

Math:

- Explore a variety of materials (blocks, buttons, toys, etc.) to count, sort, make patterns and compare
- Model math talk in everyday contexts (counting when on a nature walk, measuring when baking, etc.)
- Ask what your child notices or ask them to describe how they solved a problem
- Allow opportunities for open play and experiences where they child needs to problem solve or overcome a challenge that naturally occurs through play (i.e. building a tall tower)
- Match identical objects by shape, color or size
- Remember short sequences of events (2-3 steps)

Science:

- Encourage your child to ask questions, make observations, make predictions, explore by trying things and seeing what happens
- Encourage your child to explain why things worked or did not work
- Learn more about topics that interest your child (look up info online, watch videos, visit somewhere nearby, etc.)
- Encourage your child to record and share what they are learning

Creative Arts:

- Explore a variety of art forms such as visual arts (painting, drawing, etc.), dancing, pretending, and singing
- Identify colors
- Describe their creations
- Encourage your child to add more details to drawings
- Sing songs
- Encourage your child to engage in dramatic play (i.e. act out simple events such as playing house, going to the grocery store, etc.)

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Skill Development

- How to hold a pencil
- Pre-writing
- Scissor Cutting
- Writing name



SKILL
Development

Name: _____

A worksheet titled "Line TRACING I" with a decorative border of stars and a string. The text "Trace the lines." is written in a cursive font. There are four rows of dashed lines for tracing: a scalloped line, a zigzag line, a wavy line, and a dashed line. The worksheet is tilted slightly to the right.

HOW TO HOLD A PENCIL

An important pre-school skill is teaching your child how to correctly hold a pencil. Watch these videos and have your child practice. Correct them while they write so that they can build strong muscle memory in their hands.

Line TRACING 2

Trace the lines.

MY NAME!

My name is _____

Have an adult print your name ~J~

Print your name in different colors!

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MY NAME!

My name is _____

Have an adult print your name

Print your name (one letter per box)

Draw yourself!

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Math

- Counting
- Shapes & Colors
- Patterning & Sorting
- Number Sense

MATH

Workbook

Name: _____

COLOR PATTERNS

Color in the squares by color. What do you notice?

blue red blue red blue red

yellow green

red blue

Create your own

SHAPE MATCHING

Match the shapes.

example:



MATH ACTIVITIES

Math-based activities to play at home!

1. Count everyday items (i.e. number of stairs, buttons on clothes, plates needed to set the table, apples that go into the grocery bag, etc.)

2. Help a parent sort the laundry. Then, match up socks!

3. Play board game, especially ones that include counting!

Go on a shape scavenger hunt in your home on a napkin.

Use a napkin that is "bigger than" a napkin.

SHAPE HUNT

Color the shapes:

blue

red

green

COLOR SORTING

Use small, colored items (i.e. jelly beans, M&Ms, Lego pieces, small toys, etc.). Sort by color.

blue

red

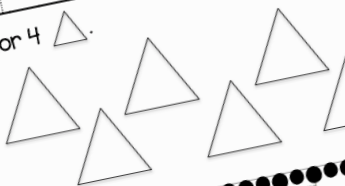
Number

4

Trace the number:

Write the number:

Color 4



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Literacy

- Phonics & Phonemic Awareness
- Early Writing
- Letter Sounds & Recognition

LETTER SOUND Booklet

WRITING Workbook

Name: _____

Literacy Activities & Games

To start, play with lowercase letters first. Print multiple copies as needed. For a greater challenge, play games with lowercase and uppercase letters.

Activity	Activity Name	Directions
1	Fishing For Letters	Scatter letter cards on floor. Adults says a letter sound (ie. 'ah' instead of 'aye' for letter 'a'). Child chooses card from pile. Can also attach magnetic strips and create a 'fishing pole' to play.
2	I Spy	Post letters around the room and play the game 'I Spy'. (When describing, say the letter sound instead of the letter name - knowing sounds is a precursor to strong reading.)
3	Letter Sound Hunt	Go on a hunt and try to find that letter around your house (newspapers, technology, etc.)
4	Silly Sound Attendants	Change the first sound of a word.
5	Create a Word	Change the first sound of a word.
6	Letter Hopscotch	Change the first sound of a word.
7	Write a Word	Change the first sound of a word.
8	Write a Word	Change the first sound of a word.
9	Write a Word	Change the first sound of a word.
10	Write a Word	Change the first sound of a word.

s

a

t

i

S

Trace the letter:

Write the letter:

Draw a picture for:

star

Letter

Color every p blue and i red.

p

a

p

s

i

i

p

p

p

i

a

p

Match the letters.

example:

h

k

e

k

h

k

e

h

e

k

e

h

Write. Draw a picture of yourself in your favorite place.

I am _____ years old.

I have _____ eyes.

I have _____ hair.

Social Emotional Learning

- Gratitude Journaling
- Social Stories
- Mindful Reflection

FEELINGS JOURNAL

Social Stories

Sharing: Mary is playing with the blocks. Joey sees the structures she is building and asks to play with her. "Can I play too?" says Joey. "No, I'm playing by myself," says Mary. Joey feels upset. Calmly, he says, "I've noticed you have been playing with the blocks for a long time. I don't want to stop you from playing. I just want to play with you and share the blocks. Can we please play together?" Mary thinks about it and decides to make a good choice. "Sure, let's share and play together. I'm sorry I said no at first." "That's okay," says Joey. "Let's play!"

Why is it important to share?

Draw a picture of you sharing with a friend:

Draw 3 things that **always** make you smile 😊

Social Stories

Being Patient: John and Kendrick are listening to their teacher read them a story about animals. John loves animals, especially tigers! At the end, the teacher asks, "what is your favorite animal?" John quickly raises his hand - he has a great answer! But the teacher asks Kendrick to answer instead. John is feeling upset. He takes a deep breath, raises his hand again and is patient. He understands that everyone needs to wait for their turn. Soon, the teacher asks John for his answer! John is happy he was able to share, and felt good that he waited patiently for his turn.

Why is it important to wait your turn?

Draw a picture of time you had to be patient:

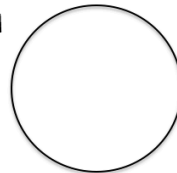
Gratitude Journal

Date: _____

I am thankful for:

1. _____
2. _____
3. _____

I feel



Someone who brought me joy today is:

The best part of my day was:

Name a time when you tried your best!